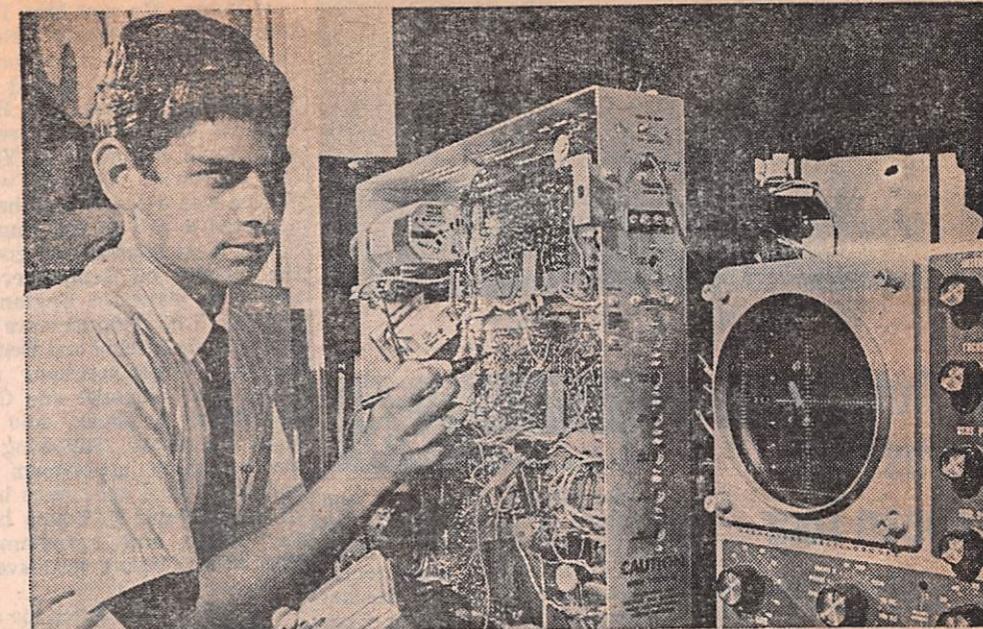


Sep 1972

"Inventive" 4-H'ers Enjoy 4-H Electric



SPECIAL - Scientists like Edison and Marconi designed, built, tested and experimented with their inventions, before they became everyday realities. Young people enrolled in the national 4-H electric program have taken a clue from those two famous men and created their own inventions - computers, radio transmitters, teaching machines and other electrical devices.

Over 130,000 4-H members are hard at work in the 4-H electric program, sponsored by the Westinghouse Electric Company, creating their own electrical hardware, more sophisticated perhaps than the early works of the Edisons, Marconis and others. And they are constantly seeking new and improved ways of using electric power.

David Krivoshik, of Elizabeth, N.J., was one of

the national winners in the 4-H electric program, last year. David, who won a \$700 scholarship, designed and built his own logic computer.

Randy Roush, of Jeffersonville, Ohio, another 1971 national winner and scholarship recipient, designed and built an antenna switching and tuning network and a high powered transmitter. Young Roush estimates that his antenna system which cost him \$200 to build, is equal in quality to a comparable system costing \$1,000.

A third national winner, Gary Johnson, of Wheatland, Wyo., built a teaching device which shows others how to wire switches, outlets, and lights.

Besides the \$700 scholarships for national winners in the 4-H electric program, Westinghouse also provides incentives and recognition for

winners at the state and county level. County winners receive gold plated medals of honor, and a winner from each state receives an all-expense paid trip to the National 4-H Congress in Chicago, Nov. 26-30.

Groups are also eligible for recognition. In the 4-H electric program, an embossed plaque is offered to one county in each state reporting the most outstanding county 4-H electric program activities.

Westinghouse provides handbooks and other materials to aid learning and also sponsors an annual workshop for leaders and power suppliers assisting with the 4-H electric program.

For more information on the 4-H electric program contact the county extension office.

28 Sep 1972

HEAR YE, HEAR YE.

Community Calendar

11-21-84

Eagles are giving a free Thanksgiving dinner, 2 p.m., November 22nd. Dick Jones is hosting the event. There is a dinner and a dance, with live music, every Saturday night at the Eagles Lodge in Midway. The public is welcome.

The Homestead is holding their annual Yule Fest, Nov. 30, Dec. 1 and 2, 1984. Arts and crafts, new designs and delights will fancy you. Santa Claus will be present. Sponsored by USU Extension and the Homestead.

Santa Claus is coming to town, Nov. 23, 1984 at the Avon Theatre. Santa will arrive, and will have free candy canes for all the kids. Pictures will be available. Free movie also. Sponsored by the Heber Valley Jaycees.

The Heber City Council will be held Nov. 28, 1984 at 7:00 p.m. in the City Office Bldg. Public is invited.

The Cancer Society presents an informative series of seminars entitled "I Can Cope". Cancer patients, families of cancer patients, and friends of cancer patients are invited to attend the free meetings. They will be held every Tuesday afternoon from 2:30 'til 3:30 and feature a different speaker each week. They will be meeting upstairs above the City Offices at 37 E. 100 North. Chris Ritchie and Fern Spanos are chairpersons and you may call 654-2304 for additional information.

This is a Community Calendar sponsored by the Heber Valley Association of Businesses, Wasatch Wave, Wasatch Cable TV, and KLVR Radio. This is a public service to the citizens of Heber Valley and is a free service to anyone wishing to list a public event. Calendar space is limited and events will be published one week prior to the scheduled date.

Heber 4th Ward

Preparedness Fair

to be Held

11-21-84

On December 1, from 4 to 6 p.m. the Heber 4th Ward will conduct a Preparedness Fair. All interested persons are invited to attend.

Cancer Crusades to Begin

The Blockworkers are Coming

28 Mar 1985 Wave

The American Cancer Society begins its official Cancer Crusade April 1st through 13th. The crusade is loaded with lots of hard workers, posters, and valuable information that could save your life! You are encouraged to watch for volunteers who will be visiting your neighborhood to bring you the valuable educational material on cancer detection. They will also be prepared to accept any donation you would be able to make for the American Cancer Society.

Where does your donation go??? It is used for Cancer education, research, and patient training, equipment and help.

There are currently 36 patients in Wasatch County...17 of these are new patients during the past year. Our chapter of the Cancer Society has received five financial grants for the year, and they are actively involved in various educational programs through-

out the year...ie; "The Great American Smoke-Out," "I Can Cope"...(a series run twice a year for Cancer patients and their families), "Annual Cancer Crusade," Health Fairs, "Stop Smoking Clinics"...(throughout the year), etc. They make sure our local doctors and nurses have the latest cancer information, arrange for needed equipment

such as beds and wheelchairs for patients, dietary programs, physical therapy and aid in training families in caring for patients.

As you can tell, our chapter is an active one and all helping deserve a big thanks for a year-round job well done with no pay!

Watch for the upcoming events; An Art Sale (featuring paintings from famous local artists) and The Big Gun Shoot (Grand prize is a new car!).

The great support the American Cancer Society receives from the people and business' in Wasatch County is appreciated...
..Thanks!!!

Wasatch Chapter of the

American Cancer Society Receives National Award

2 May 1985

One of the purposes of the American Cancer Society is to assist persons afflicted with cancer. They provide emotional support, counseling, rides, and in some instances financial help.

In our community, the Wasatch chapter (founded four years ago), was finding it difficult to identify cancer patients, both old and new. President Elaine Murdock had the idea to have a representative in all the LDS wards and in all the other churches in the county. It is the responsibility of the representatives to report all cancer patients to the Society so that all services can be offered to them.

This idea was named "The Eyes and Ears Program," and received national attention.

After realizing how beneficial this program turned out to be, the National American Cancer Society awarded the Wasatch Chapter a citation. A commemorative plaque was given and will be hung in the Wasatch County Hospital.

Thanks to the hard work of Mrs. Murdock, Vice President Joyce Anderson, and all the other volunteers in the Wasatch Chapter, the Society is doing an outstanding job in the Heber Valley.

Make Mother's Day
"SEW SPECTACULAR!"

See Sew Spectacular on pg. 2
of this week's Wasatch Wave

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Timpanogos Cave Seeks Volunteers

2 May 1985

The National Park Service is accepting applications for volunteers to assist in providing cave tours during the spring and fall at Timpanogos Cave National Monument. As participants in the Volunteers-in-parks (VIP) program, the volunteers will serve without compensation on a part-time basis.

While the volunteers are not paid, the work does provide

valuable experience that may

help in future employment as well as offering the rewards and excitement of hiking in the beautiful scenery of American Fork Canyon, and providing the satisfaction of interpreting the unique cave formations to school groups and the general public. No previous experience is necessary to apply, training will be provided by the park staff. However, volunteers must be in good health and physically able

Training and programs will begin in early May. The cave tours will open May 18. For more information or to obtain an application, contact Superintendent Bill Wellman or Chief Ranger James Boll at the Visitor Center at Timpanogos Cave National Monument or call (801) 756-5238.

Teachers Volunteer Time

11-21-84

Wasatch H.S. (LRJ) Math teachers George Holmes, Harvey Horner and Gary Turner are available to give help to students and county residents. Their help will be given at the high school from 7:00-7:30 a.m., Mondays and Fridays; 3:00-3:30 p.m., Mondays and Wednesdays; 3:00-4:00 p.m., Tuesdays and Thursdays; and 7:00-9:00 p.m., Tuesdays, Wednesdays and Thursdays. Steve Merryweather, Middle School, and Joan Kohler of Midway (earning her Master's Degree in math at BYU) will also be available to help. Elementary, middle school, high school, and advanced math students are welcome to seek assistance.

Virginia Slim Contest Set for WM Course



Representatives of the Virginia Whitney Golf Contest stand with Dick Nourse (center) as part of a fight against cancer. They are: (l to r) Kay Fassio, Chairman; Marge Sessions, co-chairman; and Janice Gustin, local chairman.

Contest Begins

June 16 1984

Imagine golfing and fighting cancer at the same time. Golfers CAN with just a swing of their club during the annual Virginia Whitney Golf Contest at a favorite golf course. The contest will be held on Saturday, June 16th or the Ladies Day, June 13th prior that date.

The contest is simple. At a designated par three hole, golfers will have the opportunity to make a donation towards cancer, and if their ball lands within a chalked ten-foot radius on that green they will win three new balls for each dollar donated. In addition, a hole-in-one can win a golfer \$300 credit towards a set of irons.

Since 1969 more than 18,000 men and women have received free breast, uterine and procto

examinations in 56 Virginia Whitney Cancer Detection Clinics supported by this golf contest. And for the last four years monies from this contest have supported a special colorectal cancer screening program using stool blood test. Colorectal cancer, the second leading cause of cancer death in the U.S., is 75% curable if detected early.

The Virginia Whitney Cancer Detection Project (and Golf Contest) was started in 1969 as a memorial to a courageous Utah woman who fought a losing battle against cancer.

Volunteerism in Hober Valley

Virginia Slim Contest Set for WM Course



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June 1984

Smokeout Thanks

All Who Participated

Wave 29 Nov 1984

Thanks to the cooperation of many community members and businesses, the annual Smokeout for the American Cancer Society was a success. Area restaurants featured specials on turkey dinners. Those participating included The Hub, Bud's Cafe, High Country, Wagon Wheel, and Chick's. Many local businesses donated prizes for "Smokeout Trivia" which was aired over KLVR on Thursday, Nov. 15. They included a haircut at His 'n Hairs won by Tracy Badorium, and facial and make-up color analysis won by Yvette Salazar, a free membership to Adventureland Video won by Jana Sweat and a day ski pass at Park City won by Scott Ellison. Other community businesses donated prizes for the essay contest held at the Middle School and the coloring contest held at the Elementary Schools. Those donating prizes included Radio Shack, Wasatch Office, Granny's, D.J.'s and On Top of it All. Twenty cold turkeys were drawn this year from the raffles.

held at the grocery stores. Some of the winners included Alice Buehner, Margie Dean, Wilma Anderson, Carol Bonner, Janet Sweat and Joan Giles.

A special thanks is also extended to the Avon Theatre who sponsored a .99 cent smokeout night on Tuesday. All those who had their "Take a Day off from smoking" flyer got in for the reduced rate.

The Up, Up, and Away with Smoking theme was made real at the Elementary Schools when hundreds of helium balloons were released by the children. They spent a lot of time writing stop smoking tips on cards that were attached to the balloons, in hopes that someone "down the jetstream" would find the balloon and write back. Two lucky winners, Larry Duke and Laine Mair will get to go Up, Up and Away in a hot air balloon as soon as the weather cooperates. Due to the inclement conditions, the hot air balloon could not launch the week of the smokeout.

For those of you who want to stop smoking, and could use some additional help, the Cancer Society will be repeating the stop smoking clinic held the past two weeks, sometime after the first of the year. So get ready to make that New Year's Resolution. Cheers to your health.

"I Can Cope"

Series

Continues

29 Nov 1984

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Wasatch High Students

Their Gifts of Change for Ethiopia People

Wave 29 Nov 1984

Wasatch School District (LRJ)
A campaign is being conducted this week to raise money for the starving people in Ethiopia. With the encouragement of Governor Scott Matheson, and the push of Valerie Kelson, State School Board Member, and local interested parents and teachers, the community, through its children, will have an opportunity to contribute their dimes in this worthy effort.

Jars have been placed near the offices in the five schools. For one week, ending this Friday, students will have a chance to contribute their dimes to buy food for people who have become an international concern. Students, who often throw their pennies away, now have a better place to put them. The collection will eventually be turned over to the Red Cross for direct aid to the starving in Ethiopia.

Children throughout the state are giving something of themselves and letting their feelings be known. Their generosity will overcome great distances, politics, religion, color, and race. Their gift will make the givers good and the receivers blessed--and alive, it is hoped.



Poster indicates cause for Ethiopia that students have been solicited to support.



The Larry Ward Family



Mary and Perry Rose

Mary Ward and Rhonda Rose Honored as Leaders

2 May 1985

Two Wasatch County 4-H leaders were honored at the annual 4-H Leadermete at BYU in April. Mary Ward and Rhonda

Rose were recognized for their volunteer service to the county 4-H program at a banquet on Tuesday evening, April 23. The

Leadermete is a statewide event that is planned by 4-H leaders for 4-H leaders.

Mary Ward has been a 4-H

leader for six years. She has been involved with clothing, foods, gardening, child care and many other 4-H projects. Mary and her 4-H'ers have been very involved in many county 4-H activities. The Ward family has taken on the responsibility for the gardening exhibits at the Wasatch County Fair for the past several years. The Ward's are really a "4-H Family" that excels in all that they do, with Mary at the fore-front encouraging and guiding other family members.

Rhonda Rose is a new 4-H leader. This will be her second year as a 4-H leader in Wasatch County. Rhonda's enthusiasm is contagious. The Rose family has been involved many different 4-H projects--foods, clothing and nutrition to name a few. The Rose family have participated at both Fair activities and County contests and at each event they were outstanding! We know that when we see the "Rose clan" arrive that we are always in for a treat.

We are very proud of Mary and Rhonda and honor them as exemplary leaders of our 4-H youth.

Volunteers Needed To Aid in Activities

Central Utah Rehabilitation and Health Center in Orem needs volunteers to help in the activities offered to the patients, according to Steven Rachele, recreational therapist.

The center is a skilled extended-care facility serving people in the community who need long-term care. It has been newly renovated and decorated recently. At present there are 67 patients, both men and women, ranging in age from 65 to 99 years.

Van excursions are taken to get the patients out into the community to see the sights — at present seeing the Christmas lights and decorations, attending special holiday activities, plays, musicals and so on. A number of volunteers are needed to go along and help the elderly patients on and off the van, and assist in any other way necessary.

The annual Christmas Bazaar is scheduled at the center on Dec. 21, 10 a.m.-4 p.m. Volunteers will be needed to sell bazaar items, help in the food booth and help take pictures during the activities. Rachele says they could use donations of crafts, handiwork, small gift items that would sell readily at the bazaar.

Rachele says that outside contact is important to the well-being of these patients, and volunteers from the community are counted on to help; if only for one hour a week. Categories in which help is needed included:

Group activities such as table games, group discussions of news articles, and others are held on Tuesday evenings at 8 p.m. and on Thursdays at 7 p.m.

People who can come in and present programs such as music, plays and so on are needed on Friday evenings.

Bingo is played on Thursday afternoons at 3:30; movies are shown on Saturday mornings. Volunteers would help with the popcorn, and assist patients as needed.

Help is needed in doing arts and crafts on Monday evenings, Wednesday mornings and Friday afternoons.



A Helping Hand

Individuals and/or groups who are interested in volunteering time to the Central Utah Rehabilitation and Health Center or any other volunteer need in the community, should call United Way Volunteer Center, Provo.

Other volunteer needs in the community are:

- Volunteers over 18 are needed during the day or on weekends by the Youth Service Center to spend at least one hour a week with teenagers.

- American Fork Training School needs a volunteer to open a Christmas store. Afternoons two days a week.

- Special Olympics needs volunteers to help with the adaptive aquatics swimming program Tuesdays and Thursdays at 11 a.m.
- Retired Senior Volunteer Program needs senior citizens in their literacy program. These volunteers would help in schools from Provo to Lehi.

Heber City Area Volunteer Working for Student Exchange Program

1 May 1986

Fran Johnson of Park City is recognized as an outstanding volunteer by Educational Foundation for Foreign Study, a worldwide high school student exchange program. EF Foundation especially acknowledges her contribution to international understanding and world peace through student exchange during National Volunteer Week, April 21-27.

Fran is one of 1,000 volunteers nationwide who provide teenagers with the chance to spend an academic year living with a family in another country. Families, students, and community members share one another's cultures and exchange ideas. This year EF Foundation volunteers placed over 2,600

students from abroad with American host families. They also helped select American students to study abroad with EF's High School Year in Europe program.

Educational Foundation for Foreign Study depends exclusively on its network of volunteer representatives to build and supervise the exchange program in their communities. Their volunteer efforts during the ten-month program include recruiting and screening host families, planning activities, serving as a liaison with local high schools, and most importantly, being a friend to students living far from their natural homes.

Fran has applications from students who would like to spend the 1986-87 school year in the Heber City/Park City area. Anyone interested in learning more about becoming a host family, or about EF Foundation, should call Fran Johnson at 801-649-9624.

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Card of Thanks

We would like to extend our appreciation for the many local merchants which volunteered their prizes for the successful Easter Egg Hunt.

Those who donated were: Day's Market, Avon and Ideal Theatre, Wash House Laundromat, Hub One Stop, Heber Valley Chevron, Pack-away Foods, Big "O" Tire, Granny's Drive-in, Dairy Keen, Wasatch Nutrition, Timberline Hardward, Valley Milk Depot, Glade's Variety, Miller's in

Midway, Bellows Glass, Wasatch Office Supply, Sew Nice Fabric Shop, D.J.'s, Giovanni's, The Homestead, Palace Drug, Flower Boutique, Sprouse Reitz.

Without the help of these merchants, there would have not been an Easter Egg Hunt. We also would like to express our gratitude to the grade schools who donated their class time to decorate 80 doz. eggs.

The Homestead

Card of Thanks

The family of Cora McNaughtan wishes to express our sincere appreciation to all relatives, friends and neighbors who assisted in any way during the illness and passing of our beloved Mother, Grandmother.

For the beautiful flowers, food and cards. Thanks to the doctors, nurses and staff at the hospital for

all their love and care. For those who took part in the services. We extend our heartfelt thanks to all.

Mr. and Mrs. Jack Lunt

Mr. and Mrs. Earl Boren

Mr. and Mrs. Don Sorsenson

Mr. and Mrs. Murice Murdock

Mr. and Mrs. Darrell Spendlove

and Mr. Garth Lunt

Political Parties Express

Thanks

To the Wasatch Wave Staff:

As Chairmen of the Wasatch County Democratic and Republican Parties we express our thanks to Robert Hicken and the staff of the Wasatch Wave for your help and support in our combined endeavor to encourage participation in the Wasatch County Mass Meetings and the County Political Conventions.

Your participation through your news reports and editorials will